

Headwaters Adventure Race and Fitness Walk

July 10th, 2010
8:00 a.m. race start

Run, Pedal and Paddle to support trails and watershed conservation!

When: Saturday July 10th 8:00 am
Where: Buchert Park, Mantua Village, Portage County
How: Run (or walk): 2 miles on Headwaters Trail
Bike: 10 miles on rural roads through beautiful countryside to Camp Hi Canoe Livery
Paddle: 5 miles back to Mantua on the lovely Upper Cuyahoga, a State Scenic River

Go solo or as part of a 2-person relay (one person runs, the other bikes, both canoe)
Register early limited to the first 100 registered boats.
Entry Fees include T-shirt, canoe or kayak rental, water stops and refreshments.
\$5 discount if bringing your own boat.
Solo: \$40.00 advance; \$50.00 race day
2-Person Relay Team: \$75.00 advance; \$95.00 race day
Fitness Walk only option: \$15.00

Go to www.maps.google.com and search for Headwaters Adventure Race Ohio



www.portageparkdistrict.org

128 North Prospect Street Ravenna OH 44266

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