

2009 Headwaters Adventure Race

Women Overall

1. Joan Duvall 1:53:34
2. Rosalie Franek 2:02:16
3. Barb Cymanski 2:02:43

19 and under

1. Lizzie Cymanski
2. Caitlin Groggin
3. Connie Groggin

20-29

1. Courtney Carnes
2. Heather Myers

30-39

1. Sarah Curl
2. Kelly Avritt
3. Crystal Bower

40-49

1. Erin Mandalfino
2. Edie Benner
3. Margaret Laston

50-59

1. Jan Gaynor
2. Karen Clark

Mens Overall

1. Josh Franek 1:43:12
2. Thomas Franek 1:43:19
3. Matt Cymanski 1:45:47

19 and under

1. Broc Benner
2. Edward Kabinos
3. Alex Lohiser

20-29

1. Michael Carptolo
2. Paul Jones
3. Scott Keller

30-39

1. Benjamin Plough
2. Mike Larkin
3. Randy Ellis

40-49

1. John Cymanski
2. Brad Lohiser
3. Tom Euclide

50-59

1. Del Stamm
2. Terry Duvall
3. Skip Brunner

60-69

1. John Plough
2. Bernie Krzys
3. Robert Clark

Teams

1. Organ/Schrader 1:45:08
2. Brosius/Brosius 1:53:57
3. Simeen/ Apicella 1:55:25
4. Robine/VanAuken 1:55:33
5. Russell/Dunn 1:56:33